

Heal the Healer

Incivility & Bullying in the Workplace

Wednesdays, April 5-May 3, 2023 - 12 Noon - 1 pm CT | 11 am - 12 pm MT
This webinar series is free to attend.

Target Audience: This accredited continuing education activity is designed for nurses and other interested healthcare professionals.

4/5/2023 Tips for Improving Communication and Interaction with Patients and Co-Workers

CID: 23CE00045 | 1.0 ANCC contact hour

Registration closes 4/4/23

Presenter: Kay Glidden, MS

Objectives:

- Discuss ways to deal with six types of difficult people.
- Explain specific strategies such as debriefing, mindfulness, and de-escalation tools for improving communication and interactions with patients and co-workers.
- Examine ways to deal with commonplace scenarios in the workplace.



Link to register: <https://go.unmc.edu/hth-4-5-23>

4/12/2023 Psychiatric Nurses Recruitment and Retention Issues: A Focus Group Project

CID: 23CE00046 | 1.0 ANCC contact hour

Registration closes 4/11/23

Presenter: Shinobu Watanabe-Galloway, PhD

Objectives:

- Describe the national and Nebraska psychiatric nurse workforce trends
- List factors that are related to the psychiatric nurse shortage
- Describe recommendations to address the psychiatric nurse shortage



Link to register: <https://go.unmc.edu/hth-4-12-23>

4/19/2023 Health Professional Well-Being: The Need for Institutional-level Commitment

CID: 23CE00047 | 1.0 ANCC contact hour

Registration closes 4/18/23

Presenter: Jonathon Ripp, MD, MPH

Objectives:

- Describe the current state of health professional well-being
- Generate the case for institutional-level commitment to the well-being
- Communicate the role of Chief Wellness Officers as a means to address well-being at the institutional level



Link to register: <https://go.unmc.edu/hth-4-19-23>

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4/26/2023 Incivility and Bullying Reported by Nebraska Nurses

CID: 23CE00048 | 1.0 ANCC contact hour

Registration closes 4/25/23

Presenter: Juan-Paulo Ramirez, Ph.D., MA, and Holly Chandler, EdD, CRNA, APRN

Objectives:

- Increase awareness of the incivility/bullying behaviors among nurses in Nebraska.
- Identify differences in incivility/bullying by type of nurse, demographics (i.e., age, gender), geography (i.e., rural vs. urban), and work settings.
- Examine the likelihood to leave the nursing profession based on incivility/bullying prevalence.



Link to register: <https://go.unmc.edu/hth-4-26-23>

5/3/2023 Nebraska Collaborative Investment in Nurse Wellness: HRSA Grant Overview, Current Findings, & Future Directions

CID: 23CE00069 | 1.0 ANCC contact hour

Registration closes 5/2/23

Presenter: Alyson E. Hanish, Ph.D., MSN, RN

Objectives:

- Discuss the impact of burnout in nursing, and how burnout contributes to nursing shortages.
- Articulate the importance of individual & systemic wellness interventions in preventing, reducing, and managing burnout and mental health conditions in nursing students, RNs, and APRNs.
- Describe the 1-year results & future directions of our HRSA-funded, Nebraska Collaborative Investment in Nurses: Resiliency, Retention, & Well-being grant.



Link to register: <https://go.unmc.edu/hth-5-3-23>



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NURSES/NURSE PRACTITIONERS

The University of Nebraska Medical Center designates each activity for 1.0 ANCC contact hour. Nurses should only claim credit for the actual time spent participating in the activity.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under U3NHP45394-01-00, Nebraska Collaborative Investment in Nurses: Resiliency, Retention, & Well-being, \$ 2,245,694. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government.