

CNA Training Resources

Page 10 of the **COVID-19 Emergency Declaration Blanket Waivers for Health Care Providers** document, <https://www.cms.gov/files/document/summary-covid-19-emergency-declaration-waivers.pdf>, states:

“Training and Certification of Nurse Aides. CMS is waiving the requirements at 42 CFR 483.35(d) (with the exception of 42 CFR 483.35(d)(1)(i)), which require that a SNF and NF may not employ anyone for longer than four months unless they met the training and certification requirements under § 483.35(d). CMS is waiving these requirements to assist in potential staffing shortages seen with the COVID-19 pandemic. To ensure the health and safety of nursing home residents, CMS is not waiving 42 CFR § 483.35(d)(1)(i), which requires facilities to not use any individual working as a nurse aide for more than four months, on a full-time basis, unless that individual is competent to provide nursing and nursing-related services. We further note that we are not waiving § 483.35(c), which requires facilities to ensure that nurse aides are able to demonstrate competency in skills and techniques necessary to care for residents’ needs, as identified through resident assessments, and described in the plan of care.”

Use the following list of free resources to assist your facility in training and backfilling CNA positions. This information is neither comprehensive, nor fully vetted, but is instead a quick reference to help with staffing during the COVID-19 emergency. For additional assistance, please contact TMF Quality Innovation Network-Quality Improvement Organization at nhnetwork@tmf.org.

General

CNA Skills Videos

<https://www.bing.com/videos/search?q=cna%20skills%20videos&qs=MM&form=QBVDMH&sp=1&pq=cna&sc=8-3&cvid=54C8210211BD405DA6463F79923CE8BB>

CNA Free Training

<https://cnafreetraining.com>

Bed-making

How to Make an Occupied Bed: For the CNA in Training

<https://www.bing.com/videos/search?q=assisting+eating&&view=detail&mid=56EB3764B083D62FE02D56EB3764B083D62FE02D&rvsmid=9E5CDD66C6C90767EF929E5CDD66C6C90767EF92&FORM=VDRVRV>

Bathing

Bathing Without a Battle (Note: an account is required, but training is free.)

<https://bathing.sirs.unc.edu/login>

Eating

Assisting Eating Video

<https://www.bing.com/videos/search?q=assisting+eating&docid=607997494180972053&mid=9E5CDD66C6C90767EF929E5CDD66C6C90767EF92&view=detail&FORM=VIRE>

Food and Eating

<https://alz.org/help-support/caregiving/daily-care/food-eating>

Peri-care

Peri-care: What Every Caregiver Needs to Know (Note: This free training includes a 17-minute video.)

<https://training.mmlearn.org/blog/peri-care-what-every-caregiver-needs-to-know>

Understanding Alzheimer's and Dementia (Note: An account is required, but this free course can be downloaded.)

https://training.alz.org/products/4053/understanding-alzheimers-and-dementia?_ga=2.22387058.893718962.1586291072-747959846.1586291072

Infection Prevention

Hand Hygiene in Healthcare Settings

<https://www.cdc.gov/HandHygiene/index.html>

Protecting Healthcare Personnel: Guidance on Personal Protective Equipment (PPE)

<https://www.cdc.gov/hai/prevent/ppe.html>

Proper Use of Personal Protective Equipment (PPE) Video

<https://www.bing.com/videos/search?q=cdc+how+to+don+and+doff+ppe&docid=607988191283252746&mid=9E2B10EEE908938E DD1F9E2B10EEE908938EDD1F&view=detail&FORM=VIRE>

<https://educate.ahcancal.org/products/temporary-nurse-aide>



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